

The Shalhevet Flame



Midreshet Shalhevet

מדרשת שלהבת

High School for Girls

Illuminating Minds. Warming Hearts

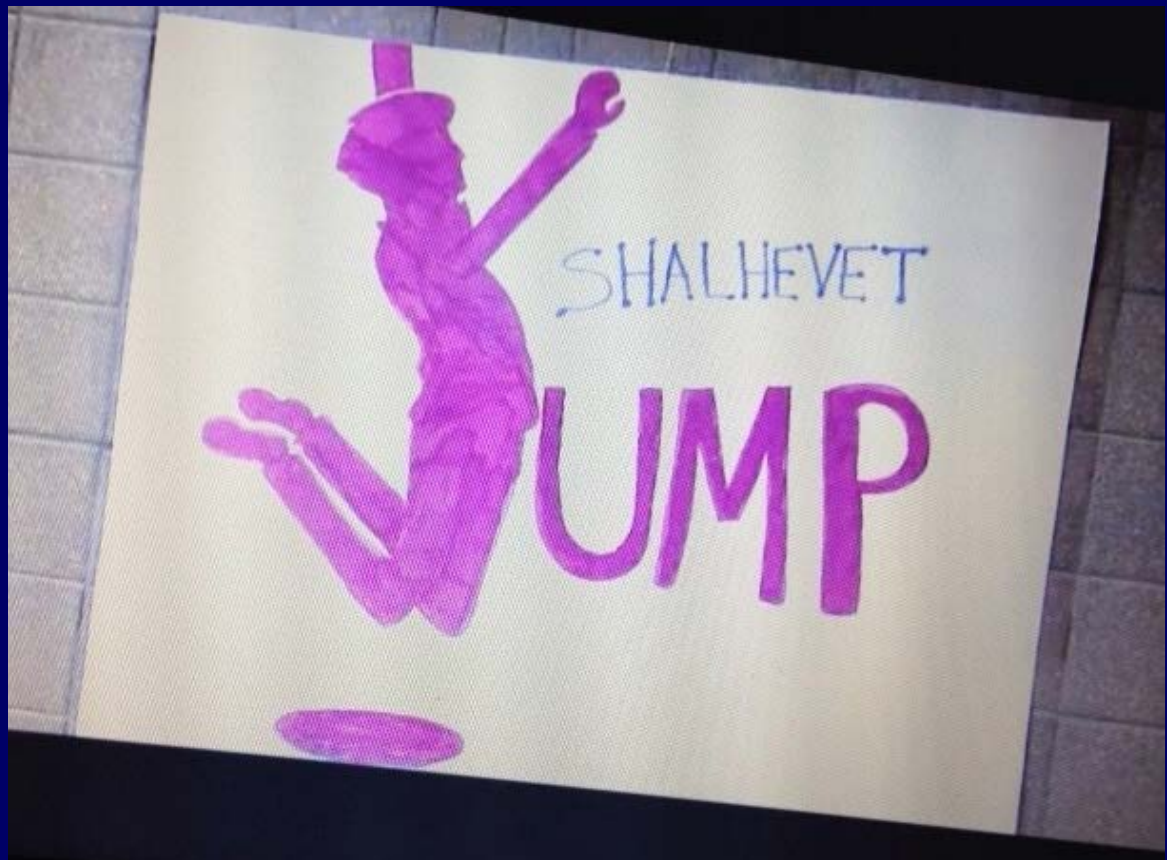
January 2, 2015



JUMP Fitness Night!

On Saturday night, December 27th, the Shalhevet JUMP team gathered in the Rambam Gym for their incredible exercise night in order to raise money for FD Now. FD Now is an organization which researches treatments for those who suffer with Familial Dysautonomia, an autoimmune disease that disturbs regular circulation, digestion, and even breathing. This genetic disease is prevalent in Ashkenzaic Jews, and the JUMP team wanted to help. For weeks, they prepared advertisements, organized entertainment, and coordinated sponsors to make the fun-filled fund-raiser a success. On Saturday night, Studio Inna ran an incredible exercise night, filled with zumba, kickboxing, and an exciting jump rope contest to close the evening. The event was in memory of Philip Bach, a young man who passed away from FD, and is brother of a Shalhevet Alumnus. His mother, Mindy Bach, spoke at the event and helped everyone understand how important their help is to those suffering from FD. Tara Shimmel, the mother of Bayla Shimmel, a young girl who has been diagnosed with FD, encouraged everyone to continue helping, and thanked everyone for their contributions which enhance her own daughter's life. The event raised awareness and nine thousand dollars for FD Now. The JUMP team put in so much effort, and it was incredible for the girls to see the difference that their hard work made.

-Tamar Yastrab, 11th Grade



Asarah B'Tevet Program

Yesterday, in commemoration of Asarah B'tevet, the students of Shalhevet viewed a documentary on the Holocaust titled "No Place on Earth." Ms. Blumenthal introduced the video by explaining that we fast on Asarah B'tevet to remind ourselves that Yerushalayim was surrounded and put under siege, which led to the destruction of the Beit Hamikdash.

As a result of the destruction, we are now in Galus and many tragedies, including the Holocaust, have occurred. The documentary follows the lives of Esther Stermer and her family as they hide in Ukraine from the Nazis. They remained hidden in a cave for a year and half, the longest recorded uninterrupted underground survival occurrence. The video was both insightful and appropriate to mourn the loss of the Beit Hamikdash.

Save the Date!

Annual School Dinner- January 10, 2015
Shalhevet School Play - March 16, 2015