## The Shalhevet Flame



High School for Girls

Ding nunting Hearts. Warming Hearts.

Friday, January 15, 2016

## Study Skills Yom Iyun

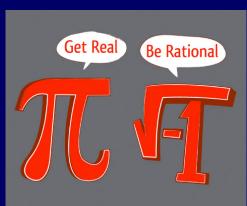


Rabbi Matt Schneeweiss prepared a very helpful pre-midterm "survival guide" for the Midreshet Shalhevet students on January 1. The students learned how to study efficiently and manage time intelligently, while remaining healthy and calm. The girls really appreciated the different tips on how to get enough sleep and review effectively in preparation for midterms week. While they aren't quite excited

for the tests, they certainly are much more prepared. On behalf of all the students, thank you Rabbi Schneeweiss for the very helpful presentation.

By: Tamar Yastrab (12th grade)

## **Math Meet**



Midreshet Shalhevet hosted a math meet on Tuesday, January 5. The girls were tested on a series of complex math problems which they had to solve in a limited amount of time.

Although much of the math in these competitions is highly advanced, the girls on the math team; seniors Tamar Yastrab, Meira Nussbaum, Esti Eckstein, Yael Eiferman, Becky Marks, Avital Weinberg, Bella Weiss, Nechama Hersh,

and Dalia Zargari, juniors Michal Beer, Avigail Borah, Zahava Fertig, and Avigail Lev, and sophomore Hayley Tanzman, always enjoy the challenge.

By: Tzippi Gluck (12th grade)

## **Torah Bowl**



On Wednesday, January 6, Midreshet Shalhevet hosted the second Torah Bowl tournament of the season. After studying *Parshiot Beshalach* and *Yitro*, diligently for weeks, the Midreshet Shalhevet team; seniors **Avital Weinberg**, **Sapir Sandowski**, and **Tzippi Gluck**, juniors **Shaindy Greenberg**, **Suri Lipsky**, and **Michal Beer**, sophomores **Aviva Marmer**, **Hadassah Fertig**,

Hayley Tanzman, Adi Weinberg, Sarah Austin, and Leah Feder, and freshman Eliana Hirsch, went head to head against teams from HAFTR, SKA, HANC, and North Shore. We claimed victory in three out of four rounds, holding second in the league. The girls are eagerly anticipating their next meet.

By: Sarah Austin and Leah Feder (10th grade)

## **Midreshet Shalhevet Sabers**

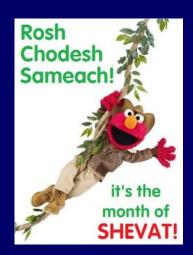


The Midreshet Shalhevet Sabers basketball team played two games last week. On Monday, in a nail-biting battle with Bruriah, the Sabers scored within the first thirty seconds, and ended the first quarter up 18-2. The sportsmanship continued through the second period, with

a strong halftime conclusion of 21-15. With the third quarter score of 29-26, with Midreshet Shalhevet still in the lead, the entire fourth quarter stayed very tight. With three minutes left to the game, senior **Noa Eliach** scored a three pointer and tied the game at 32. Junior **Rachel Fishbein** caught a great rebound and passed to senior **Yael Eiferman**, who in turn took a foul and made both shots, bringing the score to 34-32. With three seconds left on the clock, 34-33 Midreshet Shalhevet, the ball was on Bruriah's court. Senior **Bella Weiss** stole the ball and chucked it clear across the court to **Rachel Fishbein** just as the buzzer sounded, sealing yet another victory! On Thursday, the Sabers: co-captains, **Noa Eliach** and **Yael Eiferman** (12th grade), seniors **Michal Elkouby**, **Rikki Vatch**, **Esti Eckstein**, **Dalia Zargari**, and **Bella Weiss**, juniors **Rachel Fischbein**, **Avigail Lev**, and **Rivka Raizel Goldschein**, and freshmen **Hadassah Krigsman**, **Naomi Davidowitz**, and **Maayan Sandowski**, played SKA, and although SKA claimed a victory over the Sabers, the game was close and all the team members gave it their all. Thanks to everyone who came to the games in support of the Sabers.

By: Bella Weiss (12th grade)

#### **Rosh Chodesh Shyat**



In honor of midterms this month, the G.O. planned an amazing, interactive Rosh Chodesh Shvat trivia activity for the student body with the theme of "teachers." The G.O. collected old pictures and random factoids from the teachers and created a Kahoots quiz. Everyone formed teams, connected their devices to the quiz, and had to answer which teacher the questions were about. The questions quizzed the teams on how well they thought they knew their teachers. The room was filled with laughter and excitement. Congratulations to seniors Esti

**Eckstein, Noa Eliach, Meira Nussbaum**, and **Bella Weiss** on winning first place! Thank you to the Midreshet Shalhevet G.O for making this Rosh Chodesh so much fun!

By: Meira Nussbaum (12th grade)

# **Women's League Midterm Treats**



This week during midterms, the Midreshet Shalhevet Women's League treated the students to a delicious and heartwarming surprise. Cookies and cakes baked by the wonderful Mrs. Stacy Zeitz were paired with a brand new Keurig machine, complete with coffee pods. This was the perfect way for students to feel at home in the halls and not worry about exams. Thank you again to the Women's League and good luck on midterms!

By: Aviva Chait (11)